

Break the Beauty Rules

Forget what you've been told! These tips prove that it's totally okay to rethink certain get-pretty commandments



Tessa Thompson

2

SKIP BRUSHING YOUR HAIR... EVERY DAY

The whole "100 strokes a day" thing is a little old-school, especially for curly-haired ladies. If ringlets aren't freshly washed or damp, brushing them out can cause a frizzy mess. Furthermore, overbrushing can lead to breakage. A good pointer for all: Use just your fingers to gently detangle.

Clinique Quickliner For Eyes in Really Black, \$17; clinique.com



1

Sleep in Your Makeup

Too tired to scrub off that eye makeup? No prob! Dozing with a little liner or mascara is fine as long as it's allergy-tested. In fact, you'll wake up with a sexy, smudgy look.

Kim Kardashian West



3

Match Your Lips to Your Skin Tone

The common thought is that your nude should be a little darker than your complexion. But celebs like Kim Kardashian West are proving that to be untrue. Lips can be the same shade as skin as long as they have different finishes. So, if your face makeup is more matte, go for an ultra-glossy lip. Dewy skin? Try a velvety lip.

★ ADDED BONUS: NO LIP LINER NEEDED!